

Psychological Wellbeing Worker – Person Specification

	Essential	Desirable	Method of Assessment
Education/ Qualifications	<ul style="list-style-type: none"> Recognised trauma qualification or training <p>We are open to all kinds of experience so please get in touch if in doubt. We do not want to limit applications by being too specific</p>	<ul style="list-style-type: none"> Counselling/ Psychotherapy diploma Complex Trauma Training BACP/UKCP accredited/ registered or equivalent 	Certificates – Application form
Experience	<ul style="list-style-type: none"> Supervised therapeutic practice (evidence of hours) Experience of working with cared for children or care leavers Experience of providing trauma informed support around safety and stabilisation to young people using a variety of different tools 	<ul style="list-style-type: none"> Experience of working with traumatised children and young people Minimum 2 years experience of a therapist post qualification 	Evidence of supervised practice (hrs) Application Interview References
Knowledge	<ul style="list-style-type: none"> Good understanding of symptoms of trauma including PTSD, BPD, complex trauma and awareness of appropriate therapeutic approaches to address these with young people Attachment knowledge Awareness of specific issues affecting young people Awareness of boundaries applied to working with young people Specialist knowledge of a range of skills and approaches underpinned by theory Experience of dealing effectively with complex safeguarding issues Good knowledge of local services 	<ul style="list-style-type: none"> Additional therapy skills e.g EMDR, TR-CBT, creative therapies and other measurable therapies. 	Application Interview References Presentation
Skills	<ul style="list-style-type: none"> Ability to build rapport and trust with the most vulnerable and challenging young people Excellent communication skills with a wide range of people and ages Able to build effective working relationships with a wide range of professionals Assessment skills IT skills (word, excel, email) Ability to manage caseload 		Application Interview

